



Dr Leon Alexander

MBBS, MS (Surg), MNAMS, MRCS (Edin UK),
DNB (Plast), MCh (Plast)

PROFILE

As a practising plastic surgeon, every patient I see represents a unique challenge this speciality has to offer and I take up these challenges with relish knowing fully well that the years of training has equipped me well, to handle such challenges.

After completion of my formal training in plastic surgery, I gained experience by working under the masters of the field in India and with that confidence, I came to the UAE in 2017 and singlehandedly built up the department of Plastic & Reconstructive surgery at Universal hospital, Abu Dhabi. I am currently working in Sheikh Khalifa Medical City, Abu Dhabi which is a tertiary care hospital and handles all types of cases including hand surgery, microvascular surgery, burn reconstructive surgery, facial plastic surgery, body contouring and cosmetic surgery.

CONTACT

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DR.LEON ALEXANDER

PLASTIC, HAND & MICROVASCULAR SURGEON

**MBBS, M.S (Gen. Surgery), MNAMS,
MRCS (Ed, UK),
DNB (Plast), M.Ch (Plast).**

HAAD LICENSE NO: GD21970

EDUCATION

M.B.B.S.

Trivandrum Government Medical College; University of Kerala.
Completed December 2005 and received MBBS degree from University of Kerala in May 2006.

M.S. General Surgery (2009-12)

Madurai Medical College, Tamil Nadu, India.
Completed M.S in May,2012.

M.Ch – Plastic & Reconstructive surgery (2012-2015)

Government Medical College, Kerala University of Health Sciences (KUHS)
Trivandrum, Kerala, India.
Completed M.Ch (Plastic & Reconstructive surgery) in August,2015.

D.N.B- Plastic Surgery (May 2016) – cleared both theory and practical examination in plastic surgery of National Board of Examinations (NBE) and was awarded diplomate of national board in Plastic surgery(D.N.B) in 20/6/2016.

MRCS (Edinburgh, UK) – cleared the MRCS exam in December 2016 and became a member of Royal College of Surgeons of Edinburgh, UK.

Key-skills – Hand surgery, Reconstructive surgery, Microvascular surgery, Facial plastic surgery, Burns surgery.

PROFESSIONAL EXPERIENCE

- Worked for 1 year (22-08-2015 to 21-08-2016) in the Department of Plastic Surgery, Government medical college, Trivandrum, as Senior Resident (Lecturer) with teaching experience.
- Worked for 1 year (03-08-2015 to 25-09-2016) in the Department of Plastic Surgery, S P Fort Hospital, Trivandrum.
- Worked in Charles pinto center for cleft and craniofacial anomalies, Jubilee Mission Hospital, Trichur as visiting scholar (September -2016).
- Worked in the Department of Cosmetic Surgery , Apollo Spectra Hospitals, Chennai as visiting scholar (October - 2016).
- Worked in CITY Hospital, Kochi , Kerala as Consultant plastic surgeon (2016-17)
- Worked in ASTER Medi-city, Kochi, Kerala as Senior Specialist Plastic surgeon (2017)
- Worked in Universal Hospital, Abu Dhabi, UAE as Specialist plastic surgeon with charge of the department of Plastic, Reconstructive and Microvascular surgery (March 2017 to September 2019).
- Currently working in Sheikh Khalifa medical city, Abu Dhabi as specialist plastic & hand surgeon.

PROFESSIONAL MEMBERSHIPS

Indian Association of Aesthetic Plastic Surgeons (IAAPS)

Association of Plastic Surgeons of India (APSI)

Indian Society for Surgery of Hand (ISSH)

National Academy of Medical Sciences (NAMS-India)

Kairali Plastic Surgeons Association (Kerala , India- KPSA)

Royal College of Surgeons of Edinburgh, UK (MRCS - Edinb UK)

American Society of Plastic Surgeons(ASPS) (ASPS ID# 137557)

American Society for Surgery of the Hand (ASSH Member ID # 211135)

Emirates Plastic Surgery Society (EPSS-UAE ID# 17-996)

PAPERS PRESENTED:

1. Presented **two papers** at the South Zone Association of surgeons of India(ASI) Conference held at Madurai 12-15 Aug 2010 ;

- **A case of anomalous pancreatico biliary duct junction (APBJ) malformation.**

- **"Focused Parathyroidectomy"**

2. Presented a paper titled **"Focused Parathyroidectomy"** at Endocrine Surgery Conference (**IAESCON 2010**) held at CMC Vellore on October 7-9, 2010

3. Attended the annual conference of the Association of Surgeons of India- **ASICON 2010** held at AIIMS campus, New Delhi on Dec 15-20, 2010 and **presented a paper titled, "Focused Parathyroidectomy".**

4. Presented a **Paper** on **"Graciloplasty for Anal Sphincter reconstruction"** at the state conference of Kerala chapter of Association of plastic surgeons of India)APSI held at Kottayam in 2013

5. Presented a paper on **"RECENT ADVANCES IN AUTOLOGOUS FAT TRANSFER"** at Trivandrum Plastic Surgeons club meeting, February 2014.

6. Presented a paper **"Stem cells in Healing of chronic wounds"** held at faculty of surgical sciences, Government medical college, Trivandrum on June 2015
7. Presented paper titled **"Hand Injuries"** at CME on Advances in Trauma and Emergency Medicine on 8/3/2019, organized by Universal Hospital at Novotel Hotel, Abu Dhabi with **accreditation by Health Authority Abu Dhabi (HAAD)**.
8. Presented a paper **"WIDE AWAKE HAND SURGERY"** at the **Emirates Plastic Surgery Society (EPSS) Scientific Meeting** held on 30th June 2019 At Millennium Hotel– Dubai, UAE.

PUBLICATIONS/ RESEARCH:

1. Published a paper in the **E-JOURNAL** of TN DR. MGR Medical University titled -**"CORROSIVE STRICTURES OF OESOPHAGUS AND STOMACH AND OUR EXPERIENCE IN THE DEPARTMENT OF SURGICAL GASTROENTEROLOGY IN GOVT. RAJAJI HOSPITAL, MADURAI"** in 2012.
2. **Alexander L.** Irreducible traumatic miki type II dislocation of hallucal interphalangeal joint: an insight into this rare injury. J Clin Diagn Res. 2019 Sep, Vol-13(9): PD01-PD03 (Journal of Clinical and Diagnostic Research. 2019 Sep, Vol-13(9): PD01-PD03).
3. **Alexander L.** Intramuscular cavernous haemangioma of the triceps brachii: a rare tumour with good prognosis. International Surgery Journal. 2019 Sep 26;6(10):3817-21.(Alexander L. Int Surg J. 2019 Oct;6(10):3817-3821).Available at: <<https://www.ijsurgery.com/index.php/isj/article/view/4799>>..
4. **Published paper** titled "A rare case of complex irreducible dorsal dislocation of thumb interphalangeal joint: Controversies and consensus in management"(manuscript id: 190108) accepted for publication **in the Journal of Hand Surgery Asian-Pacific Volume** to appear in Volume 25, Number 3, September 2020.
5. **Leon Alexander.** Innervated Cross Finger Flap for Fingertip Reconstruction: An Old Classic Revisited. Clin Image Case Rep J. 2020; 2(3): 119.
6. **Alexander L,** Ravindran HK, George J. Rhabdomyosarcoma of lip - issues of subtyping, morphology and immunohistochemistry versus molecular studies: a case report with review of literature. Int Surg J 2020;7:2389-92. (International Surgery Journal | July 2020 | Vol 7 | Issue 7).
7. Manuscript titled **"EXTRAVASATION INJURIES, A TRIVIAL INJURY OFTEN OVERLOOKED WITH DISASTROUS CONSEQUENCES"** accepted for publication in **World Journal of Plastic Surgery (Article code: A-10-482-1)**.
8. Manuscript titled **" CLEFT PALATAL FISTULA: PERSPECTIVES ON MANAGEMENT WITH REVIEW OF LITERATURE"** awaiting approval for publication in **New Emirates Medical Journal (manuscript id: BMS-NEMJ-2020-64)**.
9. Manuscript titled **"COMPREHENSIVE CLINICAL EXAMINATION OF HAND AND A PROPOSED FORMAT FOR DOCUMENTATION"** (no: JHAM-D-19-00051) awaiting approval for publication in the **Journal of Hand and Microsurgery (JHAM)**.
10. Manuscript titled **"WIDE AWAKE REVISION CUBITAL TUNNEL RELEASE: IS THIS THE NEW NORMAL IN NERVE DECOMPRESSION SURGERY."** submitted to **Journal of Plastic, Reconstructive & Aesthetic Surgery**.

DISSERTATION/THESIS: "INCIDENCE OF HYPOCALCEMIA FOLLOWING NEAR-TOTAL & TOTAL THYROIDECTOMY".

AWARDS

Received **Merit Certificate** in Dr. T. DORAIRAJAN GOLD MEDAL EXAM IN PAEDIATRIC SURGERY FOR MS GENERAL SURGERY POSTGRADUATES IN YEAR 2011.

Awarded **Gold Medal** for Best essay on topic "Facial Reanimation", R. N. Sinha Memorial Essay competition, 2012.

EDITORIAL BOARD MEMBER (Peer Review Journal):

1. Article Peer Reviewer - **Journal of Clinical and Diagnostic Research** (2019 – present)
2. Editorial board member - **Open Scientific Journal of Surgery** (2020 – present).
3. Associate editor - **International Journal of Surgery Science** (2020 – present)
4. Article Peer Reviewer - **Open Medicine Journal** (2020 – present)
5. Contributing author and member of editorial board for StatPearls online publishing (PUBMED indexed)

Workshops Attended:

- Workshop on Basic Surgical skills conducted by *Ethicon- Johnson & Johnson's* held at Madurai on Dec 2010.
- Attended workshop on **GI and Vascular Anastomosis** conducted by *Ethicon- Johnson & Johnson's* at Madurai on Nov 2010.
- Attended **FACIAL AESTHETIC CADAVER COURSE** on January 7-8th held at M S Ramaiah advanced learning center, BANGALORE, 2017 Organized by Indian Association of Aesthetic Plastic Surgeons (IAAPS).
- Attended **BLS course** organized by American Heart Association and received BLS certification on May 7th, 2017.
- Attended workshop on **"Fat harvesting and Fat transfer"** on 9th -10th may, 2017 held at American Academy of Cosmetic Surgery Hospital, Dubai, UAE.
- Attended **"Hair restoration master class"** Held at Annual conference of Association of Plastic Surgeons of India (APSICON 2017), Kochi, from 17th -19th November 2017.
- Attended **Hair(FUE) transplant training** at Dr. Rajesh Rajput Hair restore clinic from 11/12/2017 to 15/12/2017
- Attended **Microvascular Flap Workshop and Hands on Coupler Experience** held on April 26th & 27th, 2019 at Ramaiah Advanced Learning Center, Ramaiah Medical College, Bangalore.
- Attended 5 DAYS Hands on course in **microvascular anastomosis at Ganga Microsurgery Training Institute**, Ganga Hospital, Coimbatore, India from 30-9-2019 to 5-10-2019.
- Attended the **International Hand and wrist congress (IHCW) Hands-on Cadaveric workshop** held at Sharjah Surgical Institute, University of Sharjah, UAE on November, 2019.

REFEREES

1. Dr. KOMAL RANI ALBERT

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3. Dr MICHAEL SCHENKER,

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