

YAKOV PERPER M.D.

50 Valley Lane W Valley Stream, NY 11581 yperper@universalpainmanagement.nyc
C: 347 276 1408 O: 718 687 2010 F: 718 517 2410 www.astoriapainmanagement.com

EDUCATION:

08/1979-06/1985 Medical Doctor
Tashkent State Medical School

POSTDOCTORAL TRAINING:

7/1999-6/2000 Internship in Preliminary Medicine
Maimonides Medical Center
Brooklyn, New York

2/1998-2/2002 Residency in Anesthesia
Maimonides Medical Center
Brooklyn, New York

7/2002-6/2003 Fellowship in Pain Management
Saint Vincent's Catholic Medical Center
New York, New York

CERTIFICATION:

October 2003 American Board of Anesthesiology
Recertified in 2013-12/2023

September 2004. Sub-specialty Certification in Pain Management
Recertified in 2015-12/2025

HOSPITAL APPOINTMENTS:

3/2002-6/2002 Attending Anesthesiologist
Maimonides Medical Center
Brooklyn, New York

7/2003-12/2003 Attending Anesthesiologist

Crozer-Chester Medical Center
Upland, Pennsylvania

1/2004-10/2005 Attending Anesthesiologist
Pain Management Physician
Mount Sinai Hospital of Queens
Long Island City, New York

PRIVATE PRACTICE:

10/2005-03/2009 Pain Management Physician
University Orthopedics, PLLC
Astoria, New York

03/2009-present Pain Management Physician
Universal Pain Management, PC
Astoria, New York

WORK EXPERIENCE IN UZBEKISTAN:

09/1985-11/1989 Emergency Medicine Physician
Urgent Care, Tashkent

11/1989-02/1992 Attending Anesthesiologist
Burns Center, Clinic of Tashkent State Medical School

02/1992-12/1995 Attending Anesthesiologist
Central Military Hospital, Tashkent

04/1996-12/1997 Immigration to United States,
Preparation for Certification Exams

SPEAKER AT THE CONFERENCE:

“Cervical Epidural injections”, London Pain Forum winter symposium: Tignes, France, Jan. 2014, 2015, 2016; 2017; 2018; 2020.

“CRPS, case presentation”, London Pain Forum winter symposium: Tignes, France, Jan. 2017;

“Contrast Spread technique”, New York State Pain Society meeting, Apr. 2017.

“Innovations in Cervical Epidural Steroid Injections”, British Pain Society ASM, webinar presentation, May 2018.

POSTER PRESENTATIONS:

07/24/2011 Novel approach for Spinal Cord Stimulator lead placement.
19th SIS ASM, Chicago, US.

09/21/2011 Novel approach for Spinal Cord Stimulator lead placement.
7th EFIC ASM, Hamburg, Germany.

06/28/2012 Novel approach for Spinal Cord Stimulator lead placement.
15th WSPC ASM, Granada, Spain.

08/14/2019 Algorithm for performing cervical epidural steroid injections with Contrast Spread Technique. 24th SIS ASM, New York, US.

08/15/2020 Identification of the Epidural Space: A Comparison Study between Contrast Spread and Loss of Resistance Techniques.” The 27 NAPA ASM, virtual presentation.

PUBLICATIONS:

Perper Y. Retrograde Spinal Cord Stimulator lead placement for right L5 radiculopathy. Pain Med. 2012; 13; 733-734,

Perper Y. On the Geometry of Fluoroscopy Views for Cervical Interlaminar Epidural Injections. Pain Med 2012; 13; 1520-1521,

Perper Y. Simulated Fluoroscopy. Pain Med. 2014; 08; 1431-1432,

Perper Y. Contrast Spread Technique. Pain Med. 2015; 04; 827-828,

Perper Y. Contrast Spread Technique: Evolution. Pain Med. 2016; 07; 1385-1386,

Perper Y. Prevention of Lead Migration During Spinal Cord Stimulation Trials Through the Creation of the Subdermal Security Loop. Pain Pract. 2019 Apr;19(4):457-458,

Perper Y. On the Spinal Cord Injury During Attempted Cervical Interlaminar Epidural Injection of Steroids. *Pain Med* 2019 Apr; 20(4): 854–855.

Perper Y, Ivanov Y, Serbnitsky S. Algorithm for Performing Cervical Epidural Steroid Injections with Contrast Spread Technique. *J. Orthop. Trauma Surg. Rel. Res.* Accepted for publication Jul. 14, 2020.

INVENTIONS:

Perper Y., Jivetin S. Fluoroscopy Chair with Radiolucent, Adjustable Supports convertible to Resuscitation Table. Patent # US 8,371,305 B1 Feb. 12, 2013

Perper Y., Jivetin S., Bauman S. Adjustable, Radio-Translucent Chest, Neck and Head support Arm attachment for C-Arm tables for Radioscopy Guided Procedures. Patent # US 8,397,731 B1 Mar.19, 2013